



## **Volunteer Guide**

### **Basics**

- Wear comfortable shoes
- Girls need to wear their hair back or up
- Help students with name tags on the first day
- Help students with getting their aprons
- Encourage students to work as cleanly as possible
- Direct students to the restroom so they do not roam the building
- Aid in the cleanup after cooking
- Arrive an hour before camp begins to assist in setup
- Plan to stay until 5:15pm each day to help clean
- If you will be late, leave early, or miss a day please let someone know
- Bring any service documents that need to be signed on the last day of the week

### **Safety To Look For**

- Wash hands thoroughly before food prep and especially after handling raw proteins
- Clean cutting board and knife after preparing raw proteins
- Rinse fruits and vegetables before eating
- Do not touch hot surfaces or cooking tools
- Always hold the cool handle of a pot or pan when stirring
- Take precautions with hot water, steam, and reductions
- Position the blade and tip of your knife to cut away from fingers
- Use graters with precaution just like a knife

### **Guidance**

- Look for students that may be having trouble keeping up and offer help, but be careful not to take over
- There may be some younger students that need more one on one so watch closely for safety and even step in to help if needed
- Notify instructor of any serious discipline issues. Do not handle on your own.

### **Games**

- As time permits and as instructed by the instructor
- Head Bandz
- Hot potato
- Egg relay
- Blind taste challenge

### **Fun**

- While volunteering can be a lot of work, we want you to have fun as well
- Keep horse play to a minimum
- Set a good example for the campers

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Volunteer Signature